



Kids Alive Songs

A
L
L

Song: Put Your Sunscreen on

Link to EYLF outcome/s:

1. Children have a strong sense of identity
2. Children are connect with and contribute to their world
3. Children have a strong sense of wellbeing

Actions:

- Pretend to rub sunscreen on body parts in verse
- Thumbs point to oneself when song says “ME! ME! ME!”
- Marching at other times
- Children do actions for each body part in this order:
 - **Verse 1** – Nose, chin, cheeks
 - **Verse 2** – Shoulders, arms, neck
 - **Verse 3** – Tummy, hips, back
 - **Verse 4** – Feet, legs, knees



Kids Alive Songs

A
L
L

Song: Let's Have a Party

Link to EYLF outcome/s:

2. Children are connected with and contribute to their world
3. Children are confident and involved learners

Actions:

- Act out Boo falling into the pool
- Free dancing through the verses
- **Come on, come on, come on let's have a party** – Wave towards yourself then do a twist
- **Come on, come on, come on let's have a party** – Wave towards yourself then do a twist
- **Come on, come on, come on let's have a party** – Wave towards yourself then throw your hands in the air



Kids Alive Songs

F A R M

Song: Watching the Water

Link to EYLF outcome/s:

2. Children are connect with and contribute to their world
4. Children are confident and involved learners

Actions:

- **We're watching** - Hands above eyes, bend knees in time
- **When we go to the farm** - March around in a small circle
- **Splash Splash** - Pretend to stomp in puddles
- **What was that?** - Arms up and shrug shoulders
- **A bird, a dog, a fish, a cat** - Free dancing (twist or hands waving)
- **Whatever the hazard is** - Hand to ear and pretend to listen
- **Be careful 'round the...** - Hand on hip and shake finger



Kids Alive Songs

B E A C H

Song: Yellow and Red

Link to EYLF outcome/s:

2. Children are connected with and contribute to their world
3. Children have a strong sense of wellbeing

Actions:

- This song is intended as a wind down song
- Good for use in rest time while delivering a safety message



Kids Alive Songs

P
O
O
L

Song: Kids Alive Do The Five

Link to EYLF outcome/s:

2. Children are connect with and contribute to their world
4. Children are confident and involved learners
5. Children are effective communicators

Actions:

- **FENCE THE POOL** – Hands together & drag out in a straight line
- **SHUT THE GATE** – 2 hands out in front and push to one side
- **TEACH YOUR KIDS TO SWIM** – freestyle arms then thumbs up
- **SUPERVISE** – Hands above eyes then turn head to the side
- **RESUSCITATE** – hands together and up and down in front



Kids Alive Songs

A
L
L

Song: Boo the Brave

Link to EYLF outcome/s:

2. Children are connected with and contribute to their world
3. Children have a strong sense of wellbeing

Actions:

- Free dancing during verses
- **Boo is brave and loves to swim** – Arms up showing “muscles”
- **Swimming, swimming let’s jump in** – Swimming arms then jump
- **Boo is brave and loves to learn** – Arms up showing “muscles”
- **Swimming, swimming it’s your turn** – Swimming arms then point



Kids Alive Songs

A
L
L

Song: We Love You Wise Owl

Link to EYLF outcome/s:

2. Children are connect with and contribute to their world
3. Children have a strong sense of well being

Actions:

- **I know you love me** – Point then cross arms on chest
- **You know I love you** – Cross arms then point
- **We are so happy Wise Owl** – Wide wave both hands over head
- **You supervise and** – Hand up above eyes
- **You do the 5 and** - 5 fingers out in front
- **That's why we love you Wise Owl yes we do** – cross arms on chest, wide waw over head then jumping
- **We love you Wise Owl and it's true** – Wide wave then jump
- **We love you Wise Owl yes we do** – Wide wave then jump



Kids Alive Songs

A
L
L

Song: Lifesaver Lil

Link to EYLF outcome/s:

2. Children are connected with and contribute to their world
4. Children are confident and involved learners

Actions:

- Free dancing during verses
- **We're gonna kick paddle splash and turn** – Marching, swimming arm movements, then “twist movements
- **Roly poly that's how we learn** – Arms in front of body, fists at elbows and roll arms
- **We're gonna splish splash and shake about** – Jumping and flick fingers on hands
- **Lifesaver Lil she will help us out** – Hands up to eyes in supervise pose and march



Kids Alive Songs

P
O
O
L

Song: Swim King

Link to EYLF outcome/s:

1. Children have a strong sense of identity
2. Children are connect with and contribute to their world

Actions:

- **Baba baba badaba** – Make a train and march around
- Free dancing throughout chorus/marching in a circle
- This song has great lyrics for the teachers and students to make up their own actions in the verses



Kids Alive Songs

P
O
O
L

Song: Hip Hop into the Pool

Link to EYLF outcome/s:

2. Children are connected with and contribute to their world
4. Children are confident and involved learners

Actions:

- Make a circle and free dance
- Take turns at dancing in the centre of the circle while the song is playing
- Children can high five the next person to go (change turns) or teachers can tap the next person on the shoulder
- In the interest of safety limit the numbers of dancers in the circle

